

KNOW BEFORE YOU GO

Heart More than a beat

What makes your heart tick and how can you help it work better for longer?

Humanarium
RCSI

Monday-Friday 7.30am-5pm
Saturday 10am-3pm

Free exhibition and café 118 St Stephen's Green



Things to Know

Venue: RCSI, 118 St Stephen's Green, Dublin 2, D02 X0N1

Exhibition: Heart: more than a beat (free entry, ages 12+)

Opening Hours:

Monday - Friday: 7:30am - 5pm

Saturday: 10am - 3pm

Sunday: Closed

Run Time: Self-guided, move through at your own pace

Good to Know:

- Audio visual exhibits have captions and/or ISL
- If visiting with 10+ people, email humanarium@rcsi.ie in advance

BACKGROUND INFORMATION

About Humanarium

Humanarium is RCSI's public engagement space, located on the ground floor of the Royal College of Surgeons in Ireland on St Stephen's Green, Dublin 2. It hosts free exhibitions that explore the science of the human body through interactive, multisensory experiences.

Current Exhibition - 'Heart: more than a beat'

This free exhibition explores the heart from every angle - its biology, its cultural significance, and its role in our emotional lives. Through interactive displays, audio-visual installations, and hands-on exhibits, visitors can discover how the heart works, what can go wrong, and how modern medicine is transforming cardiac care.

The exhibition is suitable for ages 12 and up.

Sensory Information

- Some exhibits include audio and video content (captions and ISL provided)
- Lighting levels vary between sections
- The space can be busy during peak hours (lunchtime weekdays)
- Quieter times: early morning or Saturday afternoons
- You are welcome to wear ear defenders and/or sunglasses

GETTING THERE

Public Transport

- Luas: St Stephen's Green stop (Green Line) - right beside the building
- Bus: multiple Dublin Bus routes stop on and around St Stephen's Green
- Train: Pearse Street or Tara Street stations are a 20-minute walk

Cycling

- Bike racks on York Street
- Dublinbikes stations on York St and St Stephen's Green South

Driving

- Q-Park St Stephen's Green
- Accessible on-street parking on St Stephen's Green West, Cuffe Lane, York Street



ARRIVING AT THE BUILDING

Step-Free Access

- The main entrance on St Stephen's Green is fully step-free
- All exhibition areas are on the ground floor
- No stairs or lifts needed to reach the exhibition

At the Entrance

- The foyer is shared with the RCSI building - it can be busy at peak times
- Reception staff can direct you to the exhibition
- Assistance dogs are welcome

Facilities

- Accessible toilet is next to the cafe/exhibition area
- Seating is available throughout the exhibition
- Cafe on site (open Mon-Fri 7:30am-4:30pm, Sat 10am-3pm)



INSIDE THE EXHIBITION

What to Expect

- The exhibition is self-guided - move through at your own pace
- There is no set route; you can explore in any order
- Audio visual exhibits have captions and/or ISL interpretation
- Interactive displays are optional - you don't have to touch anything

Photography & Personal Items

- Photography is permitted for personal use
- You are welcome to bring water bottles and bags
- Lockers are not available

If You Need a Break

There is seating around the exhibition

The cafe is next to the exhibition area where there is seating (Mon-Fri 7:30am-4:30pm, Sat 10am-3pm)

You can leave and return anytime

Staff are available if you need assistance at any point

Below is a photo from the entrance to the building. The exhibition is behind these panels, the cafe and seating is to your left.



THANK YOU

Thank you for visiting Humanarium.
We hope you enjoy the exhibition.

If you have any questions or feedback, please speak to a member of staff
or email humanarium@rcsi.ie

www.rcsi.com/humanarium